

Substance Abuse Services

Quick Facts:

- Addiction is a chronic, relapsing brain disease
- Alcohol continues to be the most commonly abused substance in Utah
- Underage drinking cost the citizens of Utah \$324 million in 2007
- More Utahns die from unintended prescription drug overdoses than motor vehicle accidents
- 17,026 individuals received publically funded treatment
- Over 75% of clients were abstinent at discharge from treatment
- 9,000 people attended Driving Under the Influence (DUI) education

**Promoting Health
Treating Illness
Supporting Recovery**

We are responsible for ensuring that prevention and treatment services for substance abuse are available statewide. If you, a friend, or family member has a problem with alcohol, tobacco or other drugs, help is available. Prevention works, treatment is effective and recovery is possible.

SOME OF OUR SERVICES

- Statewide, 13 local substance abuse authorities offer outpatient treatment services to individuals and their family members
- Local substance abuse authorities offer or coordinate for services ranging from early prevention to residential treatment
- Multiple prevention programs are available to individuals of all ages, families, schools and communities
- 32 drug courts are operated statewide, offering nonviolent, drug abusing offenders with intensive, court-supervised drug treatment as an alternative to jail or prison

VOLUNTEER OPPORTUNITIES

Utah Support Advocates for Recovery Awareness (USARA)
1-855-698-7272, www.usara.us

Al-Anon/Al-Ateen Information Center
801-262-9587, www.utah-alanon.org

Families Anonymous, www.familiesanonymous.org

IF YOU NEED MORE INFORMATION

Utah Division of Substance Abuse and Mental Health
801-538-3939

Utah Support Advocates for Recovery Awareness (USARA)
1-855-698-7272, www.usara.us

United Way Information and Referral Services
2-1-1

Parents Empowered
www.parentsempowered.org

Use Only As Directed
www.useonlyasdirected.org

Substance Abuse and Mental Health Services Administration
www.samhsa.gov